### Unity Home Health Care, LLC.



#### JOB DESCRIPTION: LIVE-IN CARE AIDE

### Description:

- ♦ Live-In Home Care Aides provide "around-the-clock" care to clients, who prefer to receive needed services in their own homes rather than in an Assisted Living Facility.
- ♦ Service must be delivered in a reliable, compassionate, dignified, and respectful manner and be in accordance with the client's choices, Agency policies and industry standards.
- Care Aides must respect and adhere to clients' household rules.

## Reporting Relationship

♦ Reports to Agency Supervisor.

#### Responsibilities/Activities:

Duties vary depending on the individual client's Service Plan. They can include all, or a selection of, the following activities although other authorized activities could be added to meet a specific client's needs:

- ♦ Assist with Personal Care activities including bathing, skin care, shaving, mouth care, toileting (including bladder & bowel care), dressing and hair care.
- Assist with mobility, including walking, transferring, and pushing wheelchair.
- Perform daily household tasks such as light cleaning, changing beds, laundry, ironing, shopping.
- Prepare and serve meals. Clean-up and store left-over food.
- Assist with menu planning ensuring dietary restrictions are followed.
- Assist clients with recreational activities they enjoy.
- Maintain a healthy and safe environment.
- Report any change in a client's mental or physical condition, or their home situation.
- Document clinical notes. Keep them secure and confidential.
- ◆ Assist with prescribed medications, in accordance with the Agency's Medication Management Policy.
- Handle correspondence and financial matters, as requested.
- Drive client's vehicle, as directed.
- Respect client confidentiality and privacy at-al- times.
- Discuss breaks with client to ensure that these are consented and mutually suitable.
- Monitoring working hours, as worked out between the Agency and the client.
- Report & document required and clinical notes, as per Agency's procedures.
- ♦ Adhere to Agency policies and procedures.

### Required Knowledge & Understanding

- Knowledge of home management skills.
- ♦ Knowledge of personal care activities.
- ♦ Knowledge of principles and processes for client service delivery, including needs assessments, adherence to quality standards and evaluation of client satisfaction.
- ♦ Knowledge of the English language.
- ♦ Knowledge of information and techniques needed to diagnose and treat injuries including Emergency First Aid and CPR.
- Knowledge of clerical procedures such as maintaining records and completing forms.

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- ♦ Knowledge of safeguarding matters and how to recognize and report abuse.
- Working knowledge of health and safety matters relating to homecare.
- Understanding the importance of providing support, in accordance with clients' wishes and needs,
- Understanding the needs of individuals who require care and support.
- Understanding and respecting a client's rights.
- Understanding the importance and application of confidentiality.

#### Personal Attributes

- ◆ Compassionate to individuals, who need of care and support
- Respect for clients regardless of ailments, backgrounds, cultures, and beliefs.
- ♦ Commitment to non-discrimination.
- Self-motivated and willingness to seek guidance when needed and follow instructions.
- Willingness to undertake training, as required.
- ♦ Good organizational skills.
- Good working ethics and application of tact.
- ♦ Good personal hygiene and appearance.

#### Abilities

- Ability to follow orders and instructions.
- Ability to numerically manage money, shop and pay bills, when requested by client.
- Ability to be aware of other people's reactions and understand why they react as they do.
- ◆ Ability to provide care in a manner that respects dignity, is non-judgmental and promotes independence.
- Ability to understand written and oral instructions.
- Ability to communicate information, orally and in writing, so others understand.
- Ability to listen and understand the spoken word.
- Ability to work independently and in cooperation with others.
- ◆ Ability to determine or recognize when something is likely to go wrong.
- Ability to apply reason and logic to identify strengths and weaknesses.
- Ability to identify problems and determine effective solutions.
- Ability to suggest ideas on a subject.
- Ability to provide advice and consultation to others.
- ◆ Ability to observe and recognize changes in clients.
- ♦ Ability to establish and maintain harmonious relations with clients/families, co-workers, and professionals.
- Ability to perform activities that use the whole body.
- Ability to handle and move objects and people.

## Physical and Mental Demands:

- Good physical and mental health.
- Good stamina and fitness to meet the physical demands of the job.
- Physical ability to stand, walk, use hands and fingers, reach, stoop, kneel, crouch, talk, hear, and see.
- Mental fortitude and stability to handle stress.
- Physical and mental ability to drive a vehicle.

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## **Qualifications/Education**

- ♦ Care Aide Certification for Personal Care duties
- ♦ Insert your state's training requirements for homemaking duties
- Current driver's license.
- ◆ Proper Vehicle Insurance Coverage (Business Insurance, if using own vehicle.)

# <u>Training/Experience:</u>

Previous Care Aide experience required.
Meets training requirements of DHS

I have read and understand the job description and agree to fulfill the position's responsibilities.	
Live-In Care Aide Signature	Date
Supervisor Signature	Date